

SPEEDOMEETING 2026: Session: 3: COACH evaluation sheet for TEAM: HELIOS

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: DELEPLANQUE Xavier HEADCOACH

Coaches: TILMAN Eric

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:5, starttime: 14:30
Heat: 5/24 Lane : 1 Athlete: CASAGRANDE LISE					Q-time: 03:37:39
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:8, starttime: 14:45
Heat: 8/24 Lane : 5 Athlete: DELOBBE LUCIE					Q-time: 03:16:04
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:9, starttime: 14:50
Heat: 9/24 Lane : 7 Athlete: FONTAINE LÉA					Q-time: 03:14:71
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11+					Heat:10, starttime: 14:50
Heat: 10/24 Lane : 0 Athlete: RADERMECKER ZOé					Q-time: 03:12:27
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:10, starttime: 14:50
Heat: 10/24 Lane : 5 Athlete: BADRAN SARA MARIA					Q-time: 03:10:13
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:10, starttime: 14:50
Heat: 10/24 Lane : 7 Athlete: BRUNO JULIETTE					Q-time: 03:10:94
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:15, starttime: 15:10
Heat: 15/24 Lane : 5 Athlete: DELEPLANQUE ERIN					Q-time: 02:55:11
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11+					Heat:18, starttime: 15:20
Heat: 18/24 Lane : 8 Athlete: COCO AMALIA					Q-time: 02:48:63
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:19, starttime: 15:25
Heat: 19/24 Lane : 9 Athlete: HAVELANGE OCéANE					Q-time: 02:46:76
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:20, starttime: 15:25
Heat: 20/24 Lane : 6 Athlete: MICHAUX VALENTINE					Q-time: 02:42:61
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:21, starttime: 15:30
Heat: 21/24 Lane : 6 Athlete: ROUDOMETKINA KSENIA					Q-time: 02:40:90
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback: